

उद्यन- THE NEWS LETTER



Grades:
Daycare-Prep
Session 2022-23

October - 2022

In House Events:

- Dance Competition
- Diwali Celebration
- Fruit Party
- Origami Fun
- Salad Fiesta Competition
- Yoga Day



**DELHI
PUBLIC
SCHOOL**
GAUTAM BUDDH NAGAR
Sector-132, NOIDA



Dance Competition

"Dancing is creating a sculpture that is visible only for a moment." - ErolOzan

In today's competitive world, it is necessary to develop all the aspects of personality at a very young age. The Students of Grade Prep were provided a platform to explore their talent, express their feelings with confidence through the Dance Competition which was held on 19th October, 2022. The theme of the Competition was 'Folk Dance'. The Day began with a lot of exhilaration amongst all the participants as the rockstars were excited to witness the spectacular performances. The Children came in colourful costumes and presented the Folk Dance of various states such as Rajasthan, Himachal, Kashmir, Gujrat, Goa, Bihar, and Punjab and set the stage on fire with their outstanding presentations. The effort and hard work of Students and Parents were highly commendable. The Children were judged on their creativity, dancing skills, confidence and overall presentation. The Young Dipsites rocked the stage with their amazing moves and mesmerized one and all.



Diwali Celebration

"Diwali is not just a festival but a way of celebrating the true homecoming, welcoming your true self to your mind, body, and soul." -Vikram Verma

Diwali, the festival of lights that enlightens the hearts and brings joy to everyone was celebrated by the Pre-Primary wing on 21st October, 2022 with immense excitement and fervour. Decorated in vibrant hues, the School had an ambiance of joy and happiness. The Celebration began with a prayer highlighting the auspicious message of Diwali, invoking God's blessings. To make this Festival a memorable one, and to enhance the creative skills of our Young Learners, Diya Painting and Toran Making activities were planned, wherein students participated wholeheartedly. The Children came dressed up amazingly in traditional attire and added glitter to the celebrations. The story and purpose behind the celebration of this grand festival were narrated to the children by the teachers. They danced enthusiastically on rhythmic numbers, recited songs and prayers, and relished delicious food with classmates. It was indeed a splendid day for all.



Fruit Party

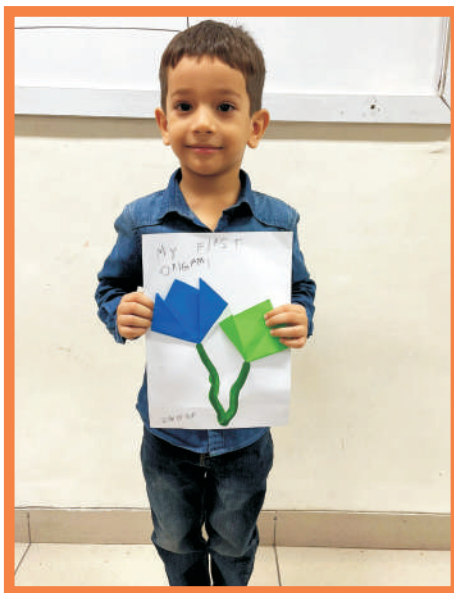
We, at DPS GBN, believe in inculcating good habits in our Tiny Tots through various activities. To instill the habit of eating a variety of fruits in our Children, a delightful Fruit Party was organized for our Tiny Tots on 19th October, 2022, with a lot of fervour. The notion behind the activity was to enlighten Preschoolers about the importance of different seasonal fruits as fruits are an important part of our diet and they provide many vitamins and minerals that keep us healthy, fit and disease free. Our Tiny Tots brought their favourite chopped fruits from home and enjoyed eating them by sharing them with their classmates and were also taught the names of different fruits with their benefits. Fruits add sweet and sour meaning to our life just like they taste. As a part of this fun session, Children painted the Paper Plates with red and green colours to make a Watermelon Lollipop Craft for themselves and enjoyed the day to the fullest.



Origami Fun

"Art has the power to transform, to illuminate, to educate, inspire and motivate."
-Harvey Fierstein

At DPS GBN, we facilitate thinking, creativity and motivate students to bring out the best in them. Origami is an art that shows just a little molding, a little force and the perfect steps that can make things different. The Students of Grade Prep experienced Origami Activity on 20th October, 2022. The Children began this creative venture with great zeal and high spirits. The Tiny Tots were amazed to see the transformation of a flat square sheet of paper into a finished sculpture through folding and sculpting. Budding Stars created unique and exclusive shapes and structures to showcase their finesse in paper craft. They made Diyas, Fan, Fish, Flower, Boats, Dog, etc., and displayed them with great pleasure and gratification. The Teachers were amazed to see such talented artists. This Activity gave a boost to their imagination and enhanced their creative skills.



Salad Fiesta Competition

"A Salad is not a meal, it is a style." - Fran Lebowitz

Inculcating healthy eating habits amongst children is very important. Young Dipsites of DPS, GBN participated in Salad Fiesta Competition on 28th October, 2022 to appreciate and comprehend the significance of good health and well-being. The Day began with the recapitulation of Salad Greens. The Teachers discussed the nutrients and the importance of a healthy and nutritious diet. The Students were extremely enthusiastic about the activity and came prepared with their colourful box of happiness. The Leafy Greens were decorated using a variety of seasonal Fruits, Vegetables, Seasoning and Nuts for toppings. Children made Butterflies, caterpillars, Boat, Fish, Cat, and many more interesting things and magnificently showcased their inner potential. The Judges and Teachers were astonished to see the presentation and appreciated every child. It was indeed an enriching, learning experience for the students.



Yoga Day

"Yoga is a light, which once lit, will never dim. The better your practice, the brighter the flame." – B.K.S. Iyengar

Practicing Yoga regularly can play a vital role in enhancing the physical, mental and emotional health of children. In order to inculcate the habit of doing Yoga, an array of activities were planned in the month of October, 2022, for Nursery and Daycare Students on a daily basis to ensure the enhancement of their health and fitness. The Children were made to perform a few simple asanas which they enjoyed a lot. Yoga is beneficial to children in many ways and they can derive enormous benefits from it. Yoga enhances children's strength, flexibility, coordination, concentration, memory and mindfulness. It was a treat to watch our Tiny Tots performing Yoga with all of their dedication.

